

**Certificate of Nuad Thai Therapy and SPA**  
**(International Program)**  
**New Program 2024**

|                            |  |
|----------------------------|--|
| <b>Name of institution</b> | Phetchaburi Rajabhat University          |
| <b>Faculty/Department</b>  | PBRU International                       |
| <b>Name of degree</b>      |  |
| Full name:                 | Certificate of Nuad Thai Therapy and SPA |
| Abbreviation:              | Certificate of Nuad Thai Therapy and SPA |

**Curriculum characteristics**

- |   |                                 |
|---|---------------------------------|
| 1) Curriculum type/model:               | Certificate                     |
| 2) Language:                            | English                         |
| 3) Recruitment:                         | Thai and international students |
| 4) Cooperative with other universities: | Only PBRU program               |
| 5) Degrees offered to the graduates:    | Certificate                     |

**Overview**

The aim of high-level training courses of at least 150 hours is to continuously improve professional skills of Nuad Thai or Thai massage and SPA. These courses allow operators to integrate their basic knowledge with the most advanced techniques and accept with competence and professionalism the new challenges of the global market.

**Objectives of the program**

- 1) Express altruistic personalities, moral and ethical standards
- 2) Demonstrate an understanding of key issues relating to Nuad Thai Therapy and SPA
- 3) To practice Nuad Thai Therapy and SPA

**Duration of Study**

The duration of study is 2 months.

**Academic System**

1. Short course training

**Language**

English is used in the program.

**Qualifications of perspective students**

non

**Curriculum Structure**

|         |   |           |
|---------|---|-----------|
| TTM 101 | Basic Nuad Thai Therapy   | 3 (1-2-6) |
|         | History, manners and professional ethics of Thai massage; the basic knowledge of Thai massage, theories of Sen-pra-dhan-sib (10 energy meridians); anatomy and physiology for Thai massage; finger strength training; foundation of folk Thai massage (Cha-loey-sak) and royal Thai massage (Ra-ja-sum-nuk); basic lines and signal points in the human body; physical exercise according to hermit's stretching and benching; herbal steaming and pressing for health promotion. |           |
| TTM 102 | Intermediate Nuad Thai Therapy  | 3 (1-2-6) |
|         | History taking, physical examination, causes of disease and disease diagnosis according to Thai traditional medicine and comparison to those in modern medicine; massage for treating signs/common diseases; training for finger strength and pressing force adjustment; herbal drugs utilization; suggestion for injurious food and exercise; properly patient referral.   |           |
| TTM 103 | Advanced Nuad Thai Therapy  | 3 (1-2-6) |
|         | History taking, physical examination and disease diagnosis following traditional Thai medicine; Thai massage for treating common diseases and diseases in skeleton and muscle systems; specific techniques for treatment; various types of massage for health promotion including oil massage, sport massage, stretching, foot massage; suggestion for health care after treatment; standard of Thai massage service in Thai traditional medicine health care center.             |           |
| TTM 104 | SPA and Thai herb   | 3 (1-2-6) |

Definition and types of SPA and Thai herb. Various types of services in the SPA and Thai herb. Application and development of Thai herb for SPA. History and evolution of Thai herb and Ben-cha-kul prescription in Thai traditional medicine. Thai traditional pharmacy practice; precautions and contraindications of medicinal materials

### Program schedule

**Schedule Year 2024 May 6 - June 28**

#### Five-Year-Plan for recruitment and graduate of students

| Number of Students   | Academic Year |           |           |           |           |
|----------------------|---------------|-----------|-----------|-----------|-----------|
|                      | 2023          | 2024      | 2025      | 2026      | 2027      |
| New Student          | 30            | 30        | 30        | 30        | 30        |
| <b>Total</b>         | <b>30</b>     | <b>30</b> | <b>30</b> | <b>30</b> | <b>30</b> |
| Expected to Graduate | -             | 30        | 60        | 60        | 60        |

### Academic Evaluation

Letter grades are used to show the academic standing of all students with the following meanings and values.

| Grade | Achievement | Final score (% range) | GPA |
|-------|-------------|-----------------------|-----|
| A     | Excellent   | 80-100                | 4.0 |
| B+    | Very Good   | 75-79                 | 3.5 |
| B     | Good        | 70-74                 | 3.0 |
| C+    | Fairly Good | 65-69                 | 2.5 |
| C     | Fair        | 60-64                 | 2.0 |
| D+    | Poor        | 55-59                 | 1.5 |
| D     | Very Poor   | 50-54                 | 1.0 |
| E     | Fail        | Less than 50          | 0.0 |

Other letter grades, without credit points, can be assigned as follows:

| Symbols | Meaning |
|---------|---------|
|---------|---------|

|    |                |
|----|----------------|
| S  | Satisfactory   |
| U  | Unsatisfactory |
| Au | Audit          |
| W  | Withdraw       |
| I  | Incomplete     |